



RAID MENU

for Wednesday, Oct 25, 2017 • 4-6p
(other pickup time available by request)

How to order

E-mail your order to:

registration@gourmetyourway.biz

You will *always* get a confirmation of your order. If you don't receive a confirmation in 24 hours, please call us or e-mail again.

Do I have to pre-order?

Nope! You can always just drop in to Raid and see what we have left. Pre-ordering is recommended if you want to be sure to get the meals that sound good to you -- we often sell out of items!

Where do I pick it up?

Raid is held at ACEnet, 94 Columbus Rd, in Building C's. Look for the sign on the door by the docks.

Serving sizes

Each entree & each side is designed to serve 6. Many of our items come in portions of 1, 2, or 3 servings, making it easy to have individual meals or lunches with the items on the menu!



Heat & Eat

Looking for a meal that takes almost no work? Meals marked with this logo are simple to make!

Seconds

We always have a selection of Vino de Milo & JB's Best "seconds" -- label errors, overstock, etc. Selection varies each Raid. Best of all: only \$1 per jar!

GOURMETYOURWAY.BIZ



DID YOU KNOW?

Each Raid, we partner with a non-profit to help them raise funds & awareness. All you have to do is order meals from Gourmet Your Way, and the group gets 10% of the total sales!

Eat well • Support local • Help a non-profit

This Raid GYW is proud to support
La Leche League



We are a mother to mother breastfeeding support group. Each Leader provides support to local women by either doing home visits or phone/text/social media support. We also have a lending library as well as access to breast pumps and parts. The community could get involved by attending our meetings! Even if you nursed for one day or nursed 20 years ago. Forming that community is very important to us! Another way to help us would be to make monetary donations by signing up for Kroger Community Rewards or simply mailing a check. We donate pumps, parts and books to Athens County as well as the surrounding counties. Contact Cassie: 740-707-2519 or cassmee@yahoo.com



Salted Caramel Tarts

Creamy salted caramel, rich dark chocolate ganache and buttery shortbread topped with sea salt and crushed pistachios.

Two Individual Tarts-\$10 or Large Tart-\$22

Gluten Free (with Almond Flour) \$12/\$25

Fall Cupcakes

A Fall Cupcake Sampler with one of each flavor.

Caramel Apple, Pumpkin Roll, Vanilla Bean and Dark Chocolate Cupcakes

4 Cupcake Sampler - \$12 or a Dozen Sampler - \$30

Chocolate Meltdowns

Individual servings of dark chocolate torte cake with a molten chocolate center and raspberry sauce. These are frozen and ready when you are!

Two - \$12 or Four - \$20

- Please preorder your desserts by Monday, October 23rd -

Email natalie@athensflourpowercupcakes.com or just add to your Raid order!



FREE ON EVERY ORDER!

BROWNWOOD FARMS MICHIGAN CHERRY PIE FILLING

Did you know? Milo's (Jonathan's other company) recently purchased Brownwood Farms. This amazing pie filling is unmistakable mouth-watering goodness!
USAGE IDEAS – Homemade Pies & Tarts • Ice Cream Topping • Pancake & Waffle Topping • Yogurt Parfait Layer

Welcome fall with scrumptious food!

Easy, healthy meals ready in a snap from Gourmet Your Way!



Blackberry-Glazed Chicken 

This is an old favorite we haven't made in years -- blackberry makes a perfect glaze for our flattened chicken breasts. **Includes your choice of easy-to-make rice.**

\$36 / SET
\$6.00
per serving

New York Strip Steaks with Cherry BBQ Sauce 

Brand new! Beautiful New York strip steaks come with a jar of our newest product, Brownwood Farms Cherry BBQ Sauce. This rich, delicious BBQ sauce has Michigan cherries and a whole lot of flavor! **Comes with your choice of side from our side dish menu!**

\$42 / SET
\$7.00
per serving

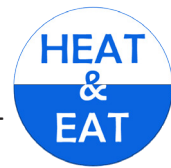
Greek Feta Burgers 

A perennial customer favorite! These burgers, made with locally-raised antibiotic-free beef from Sunnymead Farm, are flavored with spices and herbs and ready for you to grill, broil or sauté. The flat bread's included, too!

\$36 / SET
\$6.00
per serving

San Joaquin Salmon

A fresh dill and chopped pistachio crust is the key to this award-winning recipe featuring wild-caught 6oz salmon fillets. A customer favorite, it cooks up beautifully, with a richness that comes from the flavorful pistachios. **Includes your choice of easy-to-make rice.**



\$36 / SET
\$6.00
per serving

Vino de Milo Chicken Parm

You can have dinner ready in 20 minutes with this classic entrée featuring crispy Parmesan-breaded chicken breasts, coupled with tri-color fettuccine and your choice of Vino de Milo pasta sauce! **Includes tri-color fettuccine + your choice of Vino de Milo pasta sauce.**

\$36 / SET
\$6.00
per serving



Welcome fall with scrumptious food!

Meals made easy with our wide range of delicious entrees!



Mustard Pretzel-Crusted Rainbow Trout

Dinner is easy and flavorful with these deboned, farm-raised rainbow trout fillets! Featuring a flavorful crust made from a tangy Dijon mustard rolled in crushed pretzels, these fillets are come with the skin on and have a mild, delicate flavor with a light flaky texture and the crisp potato topping. **Includes Parmesan Green Beans (from our sides menu)**.. *Note: may contain small secondary bones.*



\$36 / SET
\$6.00
per serving



Southern Walnut Tilapia

Pan-seared tilapia rubbed with locally-blended blackening spices and topped with a toasted walnut honey butter we make from scratch. Easy to make at home, healthy, and full of amazing flavors! **Includes your choice of easy-to-make rice.**

\$36 / SET
\$6.00
per serving

Chicken Tortilla Soup

Our second best-selling meal! Shagbark's delicious corn tortilla chips accompany this hearty Southwestern soup of chicken and vegetables with hints of lime and cilantro. *Note: This soup requires a bit of cooking.* **Includes a quart of chicken stock and a 12oz bag of Shagbark tortilla chips.** *Please note: This meal must be made all at once; extras freeze for easy reheating!*

\$36 / SET
\$6.00
per serving

Chicken in Lemon Basil Cream Sauce

One of our long-time catering favorites! Rich Snowville Cream, freshly-zested lemons, and a house-made sauce combine to waken our taste buds. This quick stovetop dish is sided with **your choice of easy-to-make rice.**

\$36 / SET
\$6.00
per serving

Vegetarian Asian Potstickers

These half-moon, crescent-shaped dumplings have a flat bottom and a vegetable filling with a bit of heat. Easy to prepare, they make a great appetizer, or delicious meal. **Includes a bottle of Tonton Teryiaki Sauce, a premium glaze from a Japanese chef.**

\$33 / SET
\$5.50
per serving

Lemon Chicken Piccata

Light on calories but heavy on flavor describes lemony chicken piccata with artichokes and capers in a white wine sauce. This quick stovetop dish is sided with **your choice of easy-to-make rice.**

\$36 / SET
\$6.00
per serving

Gnocchi (Potato Dumplings)

Delicious, small potato dumplings are new to our menu! They are oval-shaped and ribbed for an old-world appearance. Each order is 4# of gnocchi, and **includes your choice of Vino de Milo pasta sauce**. We recommend the Creamy Parmesan Vodka, or the Spicy Roasted Garlic Cream.

\$33 / SET
\$5.50
 per serving

Old-Fashioned Pot Roast

Back by customer request: Super easy, ready to heat, and sure to please! Tender, moist beef, already cooked, it melts in your mouth. This entrée makes a super centerpiece for any holiday gathering, whether formal or informal. And leftovers make great sandwiches! **Includes Tri-Color Potatoes, for an easy, complete dinner.**



\$36 / SET
\$6.00
 per serving

Riesling Chicken

Our best-selling entree ever; this is a dish to serve to guests! You'll start with a brief saute of six all-natural chicken breasts; then reduce the pan juices with provided Riesling wine, and add in our rich & creamy white wine sauce. The final 10 minutes are in the oven, and it comes out topped with sun-dried tomato slivers and Mozzarella cheese.

\$36 / SET
\$6.00
 per serving

Vino de Milo Fettuccini & Meatballs

An old customer favorite, back for winter! An easy, kid-friendly meal that's ready in minutes. Two pounds of meatballs and a pound of fettuccini combine for a hearty meal, topped with Vino de Milo pasta sauce and Parmesan cheese. **Includes 1# of tri-color fettuccini and your choice of Vino de Milo pasta sauce.**

\$33 / SET
\$5.50
 per serving

Beirut Burgers

They're back! We mix 85% lean ground lamb with garlic, onions, parsley, mint and yogurt for a traditional Lebanese burger. **Comes with pita, to hold the burger.**

\$36 / SET
\$6.00
 per serving

ALL ITEMS
THIS PAGE
ARE EASY!



ALL ITEMS
THIS PAGE

\$36 / SET

\$6.00

per serving

Mix & match meals : 6 per order

THIS PAGE ONLY: Choose any 6 single-serve items for 1 set.

SOUP

All soups come with Shagbark crackers.



Curried Pumpkin Soup

This is an old favorite we haven't made in years -- a delicious, rich, creamy fall favorite made with pumpkin, coconut milk, and our signature blend of spices. Perfect for a fall day!

Potato & Bacon Soup

A perennial favorite! Thick and rich with potatoes, Cheddar cheese, bacon, chives, and sour cream.

Lobster Bisque

Made with real lobster meat and a touch of sherry, this amazing lobster bisque is still light, and makes a delicious and easy meal.

Vegan Chili

This vegan chili is so loaded with hearty vegetables that you won't miss the meat! Made with pinot, kidney, garbanzo and black beans, it also features diced tomatoes, corn, zucchini, and green bell peppers in a hearty vegetable stock.

LASAGNA

Vino de Milo pasta sauces are the star of these lasagnas, made with a Cooking Light inspired mix of garlic, cream cheese, cottage cheese, Mozzarella, and Parmesan.

Local Beef Lasagna

Made with local ground beef.

Grilled Chicken & Feta Lasagna

Made with grilled chicken and feta cheese.

CHALUPAS

Made from scratch!



Chicken Chalupas

There's no canned cream of chicken soup in this dish! Flour tortillas filled with grilled chicken strips, green chiles, and cheese nestle in our made-from-scratch chalupa sauce featuring LOCAL Snowville Creamery milk. Bake and serve with a green salad for an easy supper.



Exclusive ravioli

The only place in town you can get these amazing, jumbo ravioli!

\$36 / SET
\$6.00
per serving

Jumbo Beef Ravioli

These jumbo beef ravioli are huge, and super easy to cook! Already par-boiled, they just need a quick sauté or dip in boiling water & they're ready to go. Made with premium ground beef. Two pounds of jumbo ravioli per order; **includes your choice of Vino de Milo pasta sauce.**

Smoked Mozzarella & Roasted Red Pepper Ravioli

One of our best-sellers, this ravioli has a killer combination of flavors. Smoked mozzarella cheese envelops roasted red peppers in a creamy ricotta filling. Two pounds of jumbo ravioli per order; **includes your choice of Vino de Milo pasta sauce.**

Three-Cheese Ravioli

A classic ravioli that takes any Vino de Milo pasta sauce beautifully! Made with imported Romano cheese, Parmesan cheese, and ricotta cheese. Two pounds of jumbo ravioli per order; **includes your choice of Vino de Milo pasta sauce.**

Jumbo Portobello Ravioli

If you're a mushroom lover, this is the ravioli for you -- meaty portobello mushrooms make a great combination with a creamy ricotta filling. Two pounds of jumbo ravioli per order; **includes your choice of Vino de Milo pasta sauce.**

Side dishes



Every meal deserves a great side -- and we have ones you won't find anywhere else!

\$8 / SET
\$1.25
per serving

Black Forest Beans

What a way to eat your vegetables! Green beans, bacon, herbed butter, and spaetzle noodles will delight picky eaters as well as connoisseurs at your dining table.

Parmesan Green Beans

One of our top-sellers, these beans get tossed in a garlic oil before baking to a crisp perfection!

Sweet Potato Fries

One of our most popular side dishes, these fries are made from healthy sweet potatoes and are an easy addition to any meal.

Glazed Parisian Carrots

Delicious, easy, ready-to-go glazed carrots make a perfect healthy side. These carrots are unique: perfectly round, you won't find anything like this anywhere else in Athens!

Roasted Rosemary Redskin Potatoes

Our Roasted Rosemary Redskin Potato Medley has amazing flavor, and is easy to take from freezer to oven.

Jack's Asian Green Beans

A recipe from Jonathan's brother-in-law Jack, who hails from China, this recipe makes a great stir fry -- our amazing haricots verts are paired with a custom soy sauce mix. Add red pepper if you want it spicy!

Prince Charles Veggies

Perfect for stir-fry! A mix of green beans, wax beans, and baby carrots. Makes a great addition to soups or stews, or roast in the oven for an easy side.

\$12 / SET
\$2.00
per serving

Roasted Parmesan Asparagus

Fresh, crisp asparagus spears tossed in a garlic-oil blend and baked with a light crusting of Parmesan cheese.